→· + MAIN COURSES -· ◆

1. POLU /PILAF 抓饭 🗯

Rice cooked with lamb, carrots and onions, served with salad.





2. LEGHMEN 家常拌面

(BEEF / CHICKEN / SHIRMP / VEGETARIAN / VEGAN) Handmade fresh noodles, served with fried dice beef / chicken and mix vegetables.

• £12.95 • £14.95 • £14.95



3. OORUMA CHÖP 干煸炒面

(BEEF / CHICKEN / SHIRMP / VEGETARIAN / VEGAN) Dry stir fried homemade noodles and vegetables.

• £12.95 • £14.95 • £14.95





4. MARJAN CHÖP 丁丁炒面

(BEEF / CHICKEN / SHIRMP / VEGETARIAN / VEGAN) Homemade chopped noodle, stir fried with vegetables.

• £12.95 • £14.95 • £14.95



5. FRIED RICE NOODLE 炒米粉

(BEEF / CHICKEN / VEGETARIAN / VEGAN) Stir-fried rice noodle prepared with saucey chicken and vegetables.

• £12.95 • £14.95 • £14.95



6. BEEF & BROCCOLI 牛肉炒西兰花 ®

(BEEF / CHICKEN / SHIRMP / VEGETARIAN) Stir fried beef cooked with broccoli and other fresh vegetables.

• £12.95 • £14.95 • £14.95



7. BEEF & MUSHROOM 牛肉炒蘑菇 🛞

(BEEF / CHICKEN / SHIRMP / VEGETARIAN) Stir fried beef with boiled mushrooms and other fresh vegetables.

Served with rice

• £12.95 • £14.95 • £14.95



8. QERIN 爆炒肚丝 ®

Stir fried tripe

cow stomach with spices and bell pepper. Served with rice

£14.95



9. TOHU & MEGHIZ 宫保鸡丁 ®

(KUNG PAO CHICKEN)

Spicy stir-fry dish made with chicken, peanuts, vegetables and chili pepper. Served with rice •£13.95



10. TUFU 麻辣豆腐 🐠

(SHIRMP / VEGETARIAN)

Consists Of tOfu set in a spicy sauce, typically a thin, Oily and bright red suspensio.

• £13.95 • £14.95



11. PIDIGEN & MUCH 红烧茄子 🖲

(BEEF / CHICKEN / VEGETARIAN)

Long chopped aubergine cooked with beef / chicken and peppers.

• £12.95 £14.95



12. PACHAQ 胡辣羊蹄

Lamb hoof marinated in fresh herbs and stirred with spices and bell pepper.

• £17.95



13. GÖSHNAN 肉饼

MEAT PIE

Fried flat bread, stuffed with minced lamb, onions and other fresh vegetables.

• £15.95



14. TUGRE (DUMPLING) 饺子

(LAMB / VEGETARIAN)

Boiled dumplings made with minced lamb, onion and herbs.

• £12.95 • £14.95



15. UYGHUR MANTA 薄皮包子

(LAMB / VEGETARIAN)

Uyghur Manti which consist of seasoned minced meat, usually lamb, onion and herbs.

> •£14.95 • £12.95



FISH

16. BELIQ SHORPA 全鱼 🐠

(FISH & MUSHROOM)

Chopped sea bass boiled withmushroom and Other vegetables, herbs. served With rice • £16.95



17. Fish & Chips with Salad (*)

• £12.95

18. Fish with sauce 红烧鱼 @

• £20.95

→ SHARED PLATES → ◆

19. TOHU QORDAQ 大盘鸡

BIG PLATE CHICKEN

Chicken, bell peppers and potatoes, cooked with garlic, ginger, soya sauce and other herbs

Served with homemade pasta

• Small £14.95 • Medium £28.95



• Large £37.95

20. Spicy Tofu 家常豆腐

Soft tofu stir-fried with vegetables and a savory soy-based sauce, creating a simple and flavorful dish.

• £19.95

£24.95



21. Gosh Qordag 馕包肉

Marinated lamb with carrot patatos and bell Peppers cooked with garlic cumin black pepper.

● Medium £32.95 ● Large £54.95

22. Spicy Shirmp & Chips 薯条虾

Crispy fries served with battered and fried shrimp, seasoned lightly for a

• £19.99

23. Lazaii 辣子鸡

Chicken with bones Potatoes and bell peppers, Served with handmade

• £24.95



24. CHÖCHÜRE 馄饨

Minced lamb ravioli, served with lamb bone broth.

• £10.95



25. ÜGRE 汤面

SOUP

Uyghur style handmade noodle soup with beef and fresh herbs.

£9.95



26. CHICKEN SOUP 鸡肉汤

Boil chicken, onions, garlic, in water. Add salt, pepper, and herbs.

• £9.95



27. LENTIL SOUP (V) 红扁豆汤

Homemade red lentilserved with garlic bread.

•£8.50





28. OY SALAD 老虎菜

Mixed seasonal salad with fresh vegetables.

№ £5.95



29. UYGHUR SALAD 拌三丝

Beans thread mixed with carrots, peppers, herbs and vinegar. **№** £5.95



30. LIGHILDAQ 凉粉

Cooked mung beans served with fresh vegetables, chilli sauce and vinegar. ♥● £6.50



31. KALA TIL SALAD 凉拌牛舌

Tender Beef Tongue spiced with chilli sauce and peppers. £9.95



32. TERHEMEK SALAD 凉拌黄瓜

Cucumber salad is made with fresh cucumbers, cilantro, and chopped green onions.



33. PACK CHOY SALAD 白菜沙拉

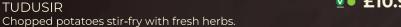
Pak Choy Salad is a light and healthy dish made with fresh pak choy leaves, sesame oil, soy sauce, garlic, and a touch of vinegar for a tangy flavor.



34. QELEMCHE 土豆丝

№ £10.95

KEBABS



35. Jelly Cow Hoof Salad 凉拌牛蹄

Tender Cow Hoof spiced with chilli sauce and peppers.



36. Dry fried string beans 干炒豆角

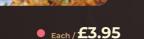
№ £11.95





37. UYGHUR KAWAP 羊肉串

Marinated tender pieces of lamb sprinkled with cumin and spices.



38. CHICKEN SHISH / CHICKEN WINGS

Grilled chicken shish / chicken wings.

• Each / £3.95

39. BOREK KAWAP 烤腰子

LAMB KIDNEY KEBAB BBQ with Spices.

• Each /£3.95

40. LAMB SHISH PLATE 羊肉串

Uyghur lamb shish served with Rice salad and bread.

• £15.95

41. CHICKEN SHISH PLATE 鸡肉串

Chicken shish served with Rice salad and bread.

• £14.95

42. CHICKEN WINGS PLATE 烤鸡翅

Grilled chicken wings served with Rice salad and bread.

• £14.95

43. KUZA KABURGA 烤羊排

(Lamb Ribs)

Marinated lamb ribs served with rice Salad and bread.

• £21.95

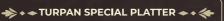
44. SAMSA 烤包子

Flaky meat pie filled with seasoned minced lamb and • Each / £3.95



45. Spring Rolls (4ps) 香脆炸春卷
Cabbage,carrots, filo pastry, wheat flour vegetable oil sweetcorn, peas, green red chillies cumin seeds coriander onion seeds, ajwain seeds, MUSTART seeds • £5.95





(3-4 people)

4 skewer of Uyghur lamb kawap 6 ps of lamb ribs 2skewer of chicken shish,2 skewer chicken wings All come with rice, bread and salad



Medium £37.95

Large £74.95

Rice 米饭



EXTRAS *** ***

Hand pulled noodle 手工面 £4.00 Chips 薯条 £4.00

£3.50

DESSERT ***

Rice Pudding 米布丁 £3.95 Honey Cake 蜂蜜蛋糕 £5.95 Ice Cream 冰激凌 £4.95 Baklava 巴克拉瓦(果仁蜜饼) **£5.95**



AYRAN (Yoghurt Drink) · · · · · · · · · · · · · · · · · · ·	£2.50
STILL/SPARKLING	£2.50
CANS DRINKS ·····	£2.20
Coke/Diet coke/Fanta/Sprite · · · · · · · · · · · · · · · · · · ·	£2.50
SAN PELLERINO lemon/orange · · · · · · · · · · · · · · · · · · ·	£2.70
APPLE/ORANGE JUICE	£2.50
RED BULL	£3.00
Aloe Vera	£3.50
CHINESE COLD DRINKS	£3.75

















COFFEE LATTE/Cappuccino/Americano/Hot Chocolate	£3.50
Double Espresso Single Espresso	£2.80 £2.20
TEA'S ON THE CUP Green tea / lemon ginger / peppermint / Cranberry & Raspberry / Camomile&Honey / Earl Grey / Englis Breakfast Tea.	
Uyghur Herbal Tea (pot)	£6.50
Uyghur Milk tea (pot)	£6.50
Fresh Mint &Lemon tea (pot) · · · · · · · · · · · · · · · · · · ·	£6.00
Green Tea (pot)	£6.00

ALLERGY WARNING

Some of Our Dishes Contain Dairly, Nuts, Eggs & Other Allergens. if you Suffer From Any Food Allergies, Please
Be Sure To Inform Us Before Placing Your Order, We Will Do Our Best To Accommodate Your Needs.







MENU

All occasions catered for: **Buffets / Parties / Social Functions** Please enquire for further details

Tel: 020 7636 9949 108 Great Russell Street, London WCI B 3NA

www.turpan.co.uk

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